



# 2024 SUPERCROSS RIDER/TEAM INFORMATION

This document is to serve as a guide. All riders entered in the event **MUST** attend/view the rider's meeting. Supercross rules and information can also be found at: [www.amasupercross.com](http://www.amasupercross.com)

## Round 14: Nashville

### **Introduction:**

- Welcome to the 2024 Monster Energy AMA Supercross Championship season. We will be distributing a rider & team information guide via email prior to each event. The goal of this guide is to provide you with event specific information along with discussion points that may present themselves throughout the year. It is important to note that all riders entered in the event **MUST** still attend/view the mandatory rider's meeting. This guide is to help increase the lines of communication and your feedback is always welcome.

*Mike Pelletier*

*AMA Director of Racing*

### **Supercross Formats:**

- The Standard Format will be used for Nashville adhering to the following model:
  - o Free Practices
  - o Timed Qualifying Practices
  - o Two Heat Races
    - 1<sup>st</sup> through 9<sup>th</sup> will advance to the Main Event
    - 10<sup>th</sup> through 20<sup>th</sup> will advance to the Last Chance Qualifier
  - o One Last Chance Qualifier
    - 1<sup>st</sup> through 4<sup>th</sup> will advance to the Main Event
  - o One Final (Main Event)

### **Concussion Program & Protocol:**

- As a reminder, each rider must provide documentation that they have completed an ImPACT Concussion Management Test prior to being accepted for entry into any AMA Supercross meet.
- An overview of the Concussion Program and Return to Ride Protocol can be found on the Alpinestars Mobile Medical Unit's website at: <http://themedicrig.com/rider-information/#concussion>

### **Anti-Doping Code:**

- It is the rider's responsibility to understand all aspects of Anti-Doping including, but not limited to, the Prohibited Substance List and Therapeutic Use Exemption application process.
- Compliance with Anti-Doping is an essential precondition to the issuance of a professional AMA Supercross competition license.
- Any Anti-Doping violation or refusal to submit to testing as requested by AMA or their respective drug-testing partners may result in the immediate suspension of the competitor's license and loss of all rights to compete in AMA Racing sanctioned events.
- Random tests for drugs and alcohol may be conducted at the sole discretion of the AMA or their respective drug-testing partners.

### **Parking:**

- Please contact the SX Paddock Manager, Justin Jones, to receive specific instructions and parking times. Call or text (316) 371-5063 or email [Jkjones@feldinc.com](mailto:Jkjones@feldinc.com)



### Sound Testing:

- The sound levels in the 250SX and 450SX classes will be verified with the 2-meter max method. This is the same as last year. **All competitors entered may be sound tested at any time.**
  - o The 2024 maximum sound limit is set at:
    - For pre-race inspection: Max. 112 dB/A
    - For post-race inspection: Max. 113 dB/A
- When directed by an AMA Official, please proceed directly to the designated sound test area.
- Failure to do so will result in a penalty.

### Gate Procedure:

- Only one mechanic per bike will be allowed.
  - o Collared shirts and appropriate attire is mandatory.
- Please be considerate of other bikes trying to get through once called to the starting line.
- Do not start your motorcycle until directed to do so by an AMA Official.
- Grooming may be done anywhere behind the front leading edge of the starting gate.
  - o No shovels, tools, water or other implements are permitted to be used.
  - o A brush utilizing nylon type bristles may be used. (No steel type bristles).
  - o Slamming of the gate at any time will not be tolerated.
  - o Burnouts on the starting gate's plastic sign is prohibited.
    - A one-lap penalty will be enforced for non-compliance.
- Starting blocks may be used.
  - o All starting blocks must be silver or black in color.
- The two end gates are designated for the LCQ and Main Events ONLY.
  - o They will not be available for use during the Heat Races.
  - o If you are lined up behind an end gate during a Heat Race, you will be required to move.

### Starting Procedure:

- An AMA Official will give the signal to start your engines and will point down the entire grid.
  - o Mechanics must exit to the rear of the grid.
- The 30-second sign will be held upright for 30 seconds and then turned sideways.
  - o Upon the sign being turned sideways, the gate will fall between a 5-10 second interval.
  - o When using a digital type of count down 30-second board, if the board malfunctions in any way during its display, the start procedure will continue and the board will be turned sideways at 30 seconds.

### Qualifying & Alternates:

- Afternoon qualifying practices will be used to compile the 40 fastest riders in the 450SX and 250SX classes.
- These 40 riders will advance to the Evening Program.
  - o Alternates will be allowed to take the place of a qualified top 40 rider who is unable to make their Heat Race.
  - o Once an alternate officially replaces a top 40 qualified rider, the qualified rider is no longer eligible to participate in any further races at that meet.
  - o We ask that alternates be available (in gear) prior to the Heat Races in Pre-Staging.
    - AMA staging personnel will notify them of their eligibility to compete.
    - Qualified riders 41 – 44 from each class are requested to be available in Pre-Staging.
    - Top 40 qualified riders that know they will not be able to make the start of the Heat Race but still intend on participating in the LCQ must inform AMA staging personnel of their intent prior to the staging of the Heat Race.



## Flags and Lights:

- Safety is a main priority and we ask that each of you obey all official signals and directions given to you on course.
- Please take the time to familiarize yourself once again with the following flags and lights.
  - Solid Blue Flag:
    - Indicates you are about to be overtaken by faster riders.
    - When conditions allow, move out of the fast line. Once out of the fast line, hold your line, do not ride erratically and do not impede the faster rider's progress.
    - Riders disregarding the blue flag may be penalized at the discretion of Race Direction.
  - Yellow Flag or Yellow Flashing Light:
    - Indicates serious hazard on or near the track. This includes the sighting or cool down laps.
    - Passing is allowed.
    - Proceed with extreme caution.
  - Black Flag:
    - Indicates a problem with a rider's motorcycle or a penalty.
    - The black-flagged rider must carefully reduce speed and proceed around the course to the mechanic's area.
    - Black-flagged riders are not permitted to return to the racecourse unless cleared by Race Direction.
  - Red Flag:
    - May be displayed anywhere on course.
    - Indicates the practice, qualifying or race has been stopped.
    - Reduce speed and proceed safely as directed by a race official.
  - White Flag with Red Cross or Red Flashing Light:
    - This flag or a red flashing light may be displayed at the beginning of a triple jump or a series of jumps.
    - Takes precedence over all other flags that may be displayed.
    - No passing is allowed until clear of the incident.
    - The riders must do all of the obstacles individually, I.E. NO double, triple, step on/off etc. until clear of the incident.
    - Riders must exercise extreme caution and not race or accelerate in an unsafe manner until they are clear of the incident.
    - When used on a triple jump, the area of concern is at a minimum, the whole obstacle, I.E. if a rider is down on the face of the triple or after the first or second jump, you must not jump any section of the triple.
    - This includes the sighting or cool down laps.

## 2024 Season Notes:

- Entries for each event will close 5 days prior to race day.
- Any direction given by event personnel and security must be followed at all times. Failure to do so can and will result in penalties that may include, but is not limited to, the loss of venue access and/or fines.
- The 2024 AMA Supercross Rulebook is available online at [www.amasupercross.com](http://www.amasupercross.com).
- Transponders **MUST** be returned at the conclusion of each event. Fines will be enforced for late returns.

**Please Note in Philadelphia Track Walk, Rider's Meeting, and Chapel Will be on Friday.**

<b>Track Walk</b>	<b>5:00 pm – 5:30 pm</b>
<b>Rider's Meeting</b>	<b>5:30 pm – 5:45 pm</b>
<b>Chapel Service</b>	<b>5:45 pm – 6:00 pm</b>



## 2024 Monster Energy AMA Supercross Championship Schedule of Events for: Nashville

April 20, 2024

### Saturday

11:00 am – 11:08 am 250SX Overflow Free Practice  
 11:10 am – 11:18 am 250SX West Free Practice  
 11:20 am – 11:28 am 250SX East Free Practice  
 11:30 am – 11:38 am 450SX Group A Free Practice  
 11:40 am – 11:48 am 450SX Group B Free Practice  
 11:50 am – 11:58 am 450SX Group C Free Practice

### 11:58 am – 12:05 pm

### Track Maintenance

12:05 pm – 12:15 pm 250SX Overflow Qualifying  
 12:20 pm – 12:30 pm 250SX East Qualifying  
 12:35 pm – 12:45 pm 250SX West Qualifying  
 12:50 pm – 1:00 pm 450SX Group A Qualifying  
 1:05 pm – 1:15 pm 450SX Group B Qualifying  
 1:20 pm – 1:30 pm 450SX Group C Qualifying  
 1:30 pm – 1:40 pm KTM Junior Racing Practice

### 1:45 pm – 1:55 pm

### Promoter Track Walk #1

### 1:55 pm – 2:20 pm

### Track Maintenance

2:20 pm – 2:30 pm 250SX Overflow Qualifying  
 2:35 pm – 2:45 pm 250SX West Qualifying  
 2:50 pm – 3:00 pm 250SX East Qualifying  
 3:05 pm – 3:15 pm 450SX Group A Qualifying  
 3:20 pm – 3:30 pm 450SX Group B Qualifying  
 3:35 pm – 3:45 pm 450SX Group C Qualifying  
 3:45 pm – 3:55 pm KTM Junior Racing Practice

### 4:00 pm – 4:10 pm

### Promoter Track Walk #2

### 4:10 pm – 4:20 pm

### Promoter Track Walk #3

### 4:20 pm – 5:15 pm

### Track Maintenance

### Evening Program

5:30 pm – 6:00 pm Opening Ceremonies  
 5:56 pm – 6:06 pm Begin Loading 250SX West Heat  
**6:06 pm – 6:14 pm 250SX West Heat – 6 Minutes/Plus 1 lap - 20 riders (1 - 9 to Main)**  
 6:10 pm – 6:20 pm Begin Loading 250SX East Heat  
**6:20 pm – 6:28 pm 250SX East Heat – 6 Minutes/Plus 1 lap - 20 riders (1 - 9 to Main)**  
 6:24 pm – 6:34 pm Begin Loading 450SX Heat #1  
**6:34 pm – 6:42 pm 450SX Heat #1 – 6 Minutes/Plus 1 lap - 20 riders (1 - 9 to Main)**  
 6:38 pm – 6:48 pm Begin Loading 450SX Heat #2  
**6:48 pm – 6:56 pm 450SX Heat #2 – 6 Minutes/Plus 1 lap - 20 riders (1 - 9 to Main)**  
 7:02 pm – 7:08 pm KTM Junior Racing Main Event –3 Laps –15 Riders

### 7:08 pm – 7:20 pm

### Track Maintenance

7:10 pm – 7:20 pm Begin Loading 250SX Last Chance Qualifier  
**7:20 pm – 7:27 pm 250SX Last Chance Qualifier – 5 Minutes/Plus 1 lap - 22 riders (1 - 4 to Main)**  
 7:22 pm – 7:32 pm Begin Loading 450SX Last Chance Qualifier  
**7:32 pm – 7:39 pm 450SX Last Chance Qualifier – 5 Minutes/Plus 1 lap - 22 riders (1 - 4 to Main)**

### 7:39 pm – 7:45 pm

### Intermission

7:35 pm – 7:45 pm Begin Loading 250SX East/West Showdown Main Event  
 7:46 pm – 7:49 pm 250SX Sighting Lap  
**7:51 pm – 8:08 pm 250SX East/West Showdown Main Event – 15 Minutes/Plus 1 lap - 22 riders**  
 8:08 pm – 8:17 pm 250SX Victory Circle  
 8:17 pm – 8:22 pm Track Maintenance  
 8:12 pm – 8:22 pm Begin Loading 450SX Main Event  
 8:22 pm – 8:25 pm 450SX Sighting Lap  
**8:27 pm – 8:49 pm 450SX Main Event – 20 Minutes/Plus 1 lap - 22 riders**  
 8:49 pm – 9:00 pm 450SX Victory Circle

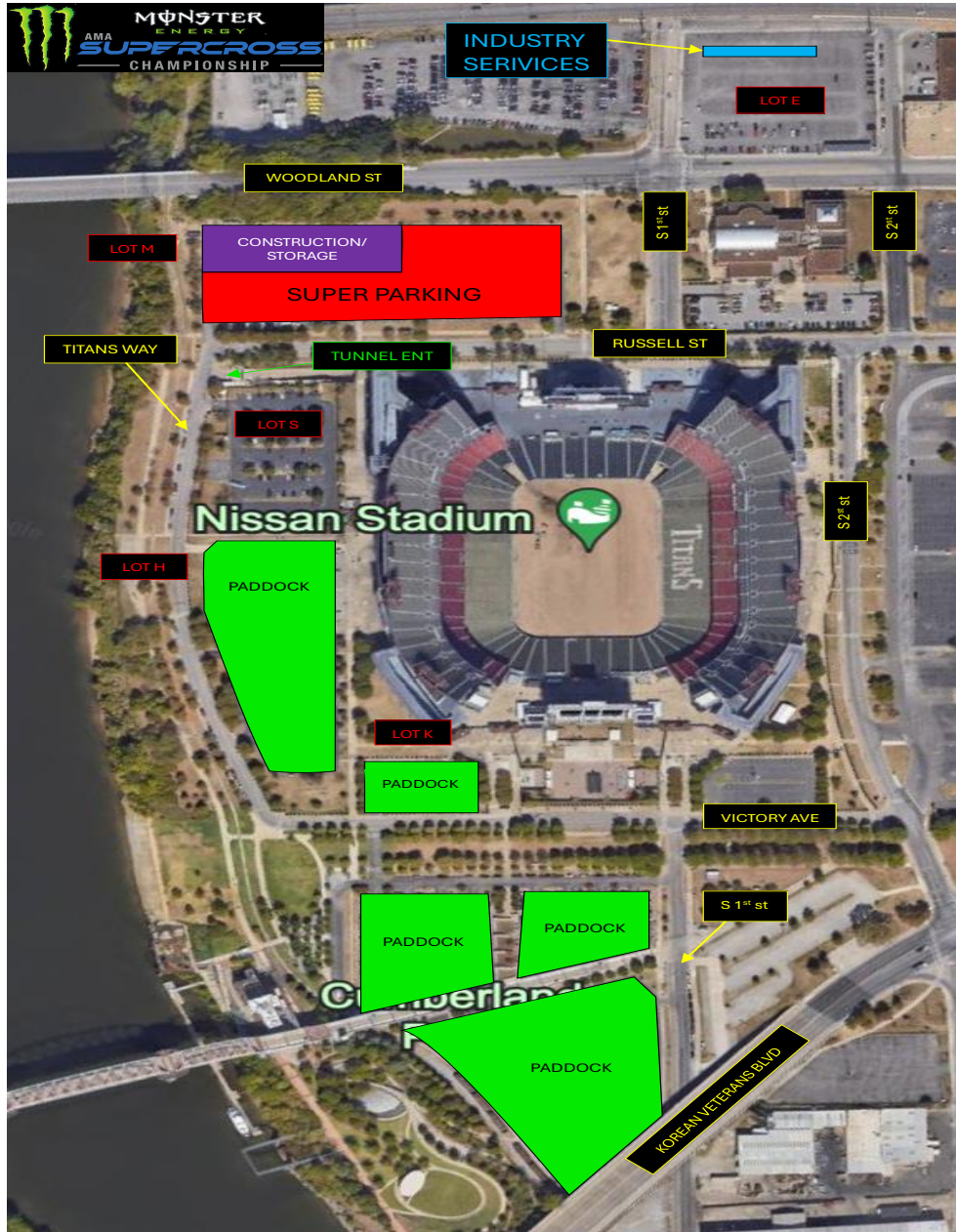
<b>Event Information</b>	
<b>**All Times Subject Change**</b>	
<b>Industry Will Call Times:</b>	
Thursday:	12:00 pm – 5:00 pm
Friday:	8:00 am – 5:00 pm
Saturday:	7:30 am – 6:00 pm
<b>AMA Registration Times:</b>	
Friday:	8:00 am – 5:00 pm
Saturday:	7:30 am – 11:00 am
<b>Technical Inspection (AMA Semi):</b>	
Friday:	1:00 pm – 4:00 pm
<b>Sound Testing Times:</b>	
Friday:	1:00 pm – 4:00 pm
<b>Rider Information (Saturday):</b>	
Rider Track Walk:	9:30 am – 10:00 am
Rider's Meeting (Podium):	10:00 am – 10:15 am
Chapel Service (Podium):	10:15 am – 10:30 am
<b>Working Paddock Hours:</b>	
Friday:	8:00 am – 11:00 pm
Saturday:	7:00 am
<b>Race Day Live:</b>	
Saturday:	12:30 pm – 3:00 pm
<b>Public Hours</b>	
FanFest:	11:00 am – 5:00 pm
Doors for General Public:	5:00 pm
<b>Industry &amp; Factory Filming</b>	
Industry:	Sec 142-145 & Annex 244 - 245
Factory Filming:	Sec 331



## Nashville Track Map



# Nashville Venue Map





# Nashville Hospital Information

Hospitals for Nashville SX

**Trauma Center**  
TriStar Skyline Medical Center  
Level I Trauma  
3441 Dickerson Pike  
Nashville, TN 37207  
615-769-2000

**Trauma Center**  
Ascension St. Thomas Hosp. Midtown  
Emergency Department  
2000 Church St  
Nashville, TN 37203  
615-284-5555

**Trauma Center**  
Vanderbilt Emergency Department  
Level I Trauma  
1301 Medical Center Drive  
Nashville, TN 37232  
615-322-2063